FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Time of Type Responses)											
Name and Address of Reporting Person * SODHANI ARVIND		2. Issuer Name and Ticker or Trading Symbol INTEL CORP [INTC]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
INTEL CORPORATION, 2200 MISSION BLVD.	COLLEGE	3. Date of Earliest Transaction (Month/Day/Year) 10/30/2009					X_ Officer (give title below) Other EXEC. VP; PRES. INTEL C	(specify below) APITAL			
(Street) SANTA CLARA, CA 95054	4.	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqu					uired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. 7. Nature Ownership of Indire Form: Benefici Direct (D) Ownersh		
			Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Price of Derivative		4. Transac Code (Instr. 8		5. Number Derivative Acquired (Disposed o (Instr. 3, 4,	Securities A) or of (D)	6. Date Exercisab Expiration Date (Month/Day/Year	of Underlying Securities			Derivative Securities Beneficially Owned	Form of Derivative Security:	Beneficial	
	Security		Code	V	(A)	(D)	Date Exercisable Expiration Date		Title	Amount or Number of Shares		Reported Transaction(s)	Direct (D) or Indirect (I) (Instr. 4)	
Employee Stock Option (Right to Buy)	\$ 25.6875	10/30/2009	D			29,136	03/21/2002 ⁽¹⁾	03/21/2011	Common Stock	29,136	(2).	0	D	
Employee Stock Option (Right to Buy)	\$ 29.325	10/30/2009	D			18,000	04/09/2004	04/09/2012	Common Stock	18,000	(3).	0	D	
Employee Stock Option (Right to Buy)	\$ 26.995	10/30/2009	D			60,000	04/15/2005 ⁽⁴⁾ .	04/15/2014	Common Stock	60,000	<u>(5)</u> .	0	D	
Employee Stock Option (Right to Buy)	\$ 24.365	10/30/2009	D			72,000	04/13/2007	10/31/2011	Common Stock	72,000	<u>(6)</u>	0	D	
Employee Stock Option (Right to Buy)	\$ 30.495	10/30/2009	D			200,000	03/26/2008 ⁽⁷⁾ .	03/26/2012	Common Stock	200,000	(<u>8</u>).	0	D	
Employee Stock Option (Right to Buy)	\$ 19.04	10/30/2009	A		108,823		10/30/2010 ⁽²⁾ .	10/30/2016	Common Stock	108,823	<u>(10)</u>	108,823	D	

Reporting Owners

Donouting Owner Name / Adduses	Relationships							
Reporting Owner Name / Address	Director	Director 10% Owner Officer						
SODHANI ARVIND			EXEC. VP; PRES. INTEL CAPITAL					

INTEL CORPORATION 2200 MISSION COLLEGE BLVD. SANTA CLARA, CA 95054				
Signatures				

Signatures

/s/ Wendy Yemington, attorney-in-fact	11/03/2009		
**Signature of Reporting Person	Date		

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests in two equal annual installments beginning on the first anniversary of the grant date.
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new (2) options for 6,475 shares.
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new (3) options for 4,000 shares.
- (4) The option vests in four equal annual installments beginning on the first anniversary of the grant date.
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new options for 20,571 shares.
- (7) The option vests in four equal annual installments beginning on the sixth anniversary of the grant date.
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new
- (9) The option vests in four equal annual installments beginning on the first anniversary of the grant date, unless that date falls on a non-business date, in which case the next business date shall apply.
- On October 30, 2009, the issuer canceled the stock options tendered by the executive pursuant to the issuer's employee stock option exchange program and granted in exchange for all such options, new options for 108,823 shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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